



National Trust

News and events for spring 2019  
North West

# Near you



## People's Landscapes

Two hundred years on from the Peterloo Massacre, we're looking at the places where people have come together to seek dramatic social change, to reveal the radical histories that lie beneath our feet. Throughout the year, we'll be exploring not only how we shape places but how we're shaped by them.

### Unearthing passion and protest

The Peterloo Massacre in Manchester in 1819 was a significant moment in the history of public protest. A peaceful demonstration by tens of thousands of people demanding the right to be heard in Parliament was charged by cavalry. Approximately 18 people died and 700 were injured.

People at **Dunham Massey** and **Quarry Bank** had direct links to this dramatic event and research is being carried out to explore their different experiences.

Artist family Grace Surman, Gary Winters and their two young children Hope and Merrick will also be talking to visitors at Dunham Massey and Quarry Bank about rights and responsibilities to create an artwork inspired by Peterloo and what it means today. The work will be showcased at both places as well as being part of Peterloo 2019, a special commemoration project being led by Manchester Histories and People's History Museum.

Percy Bysshe Shelley marked the event in an epic poem 'The Masque of Anarchy', which was banned for 30 years. The final lines are:

'Rise like lions after slumber  
In unvanquishable number,  
Shake your chains to earth like dew  
Which in sleep had fallen on you  
Ye are many – they are few.'



Owner of Dunham Massey, George Harry Grey was the 6<sup>th</sup> Earl of Stamford and Warrington, and Lord Lieutenant of Cheshire. He commanded the Cheshire Yeomanry, who were ordered to break up the demonstration, but it's unclear what his role was on that day.

Samuel and Robert Hyde Greg, from the mill-owning family at Quarry Bank, were also present at Peterloo. Seeing the clash from close quarters, Samuel was critical of the cover-up of the massacre.



### The fight for children's rights

As one of the first industrial communities in the world, **Quarry Bank** was on the frontline of a new way of living and working. Hundreds of children called Quarry Bank home and worked in the mill in conditions we couldn't imagine in Britain today.

From 6 April, an exhibition in the mill will explore the fight for children's rights and compare the lives of children then and now, through personal stories from Quarry Bank's archive, new research with the University of Manchester and contributions from local children.

### 'This Land is Our Land'

At **Wordsworth House and Garden**, an exhibition opening on 9 March will explore the relationship between people, culture and landscape in the Lake District. Now a UNESCO World Heritage Site, this living landscape has been shaped by thousands of years of human activity and has shaped us in return.

The Lakes inspired the people who formed the first environmental movement that led to the creation of the National Trust.

'This Land is Our Land' will feature contributions from many different people who live, work and are inspired by the Lakes. Writers Robert Macfarlane, Sarah Hall, Hunter Davies and George Monbiot, and artist Julian Heaton Cooper, are among those who will reveal what this special place means to them.

For more information visit [nationaltrust.org.uk/north/peoples-landscapes](http://nationaltrust.org.uk/north/peoples-landscapes)

We'd love to hear what you've been up to. Join the adventure and share your top spots this season:

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You'll find your spring What's on inside >>>

# Find some headspace

At any time of year, a bit of headspace in the outdoors can do wonders. And even in the colder months, there are plenty of special places across the North West to stroll, run or cycle to clear the head and get the blood pumping.



Formby



Blea Tarn



Quarry Bank

If you're looking for an invigorating walk and a winter warmer, explore the rugged slopes of the Langdales then head into the National Trust pub at **Sticklebarn** for a fire-side meal. At **Quarry Bank**, walk along the River Bollin's new accessible path and warm up with a hot chocolate in the café (top tip: to keep that zen feeling going, grab a window seat with a view over the water).

For some extra peace and quiet, **Arnside** and **Silverdale** have coastal and woodland walks for you to discover. Take the short climb up to the top of **Arnside Knott** – it's the ideal spot for a mindful moment, with views stretching across **Morecambe Bay** in one direction and the Lakeland fells in the other. **Borrowdale**, **Alderley Edge** and **Formby** also fit the bill if you want to get away from the crowds in a peaceful place.

If you like to find calm and clarity through exercise, join a Night Run at **Speke Hall** or **Sticklebarn** – there's something a bit magical about running under the stars. Or head to **Fell Foot** on the southern shores of **Windermere** to cycle along the lakeshore or pull on your wetsuit and try out water sports – the new heated changing rooms mean you can still enjoy the tranquillity of the water in the winter.

Visit [nationaltrust.org.uk/north-west](http://nationaltrust.org.uk/north-west) for more ideas of places to find a bit of headspace near you. And see page 8 for active spring getaways.

## Get your body 'Tudor-ready'....

Of course, thinking about health and wellbeing isn't a modern thing – you can find out about the Tudors' approach to food and exercise at Little Moreton Hall, when it reopens in April after its winter rewiring project, with changing activities exploring how to get your body 'Tudor-ready'!

See What's on for more info.



© National Trust Images/John Miller

# Enjoy family time this spring

As the sun starts to shine through the clouds, we've got loads of ideas for getting out on a family adventure and plenty of hands-on activities to keep your little adventurers busy.

If outdoor adventures are more your thing, pull on your wellies and get stuck in to wild art at **Rufford Old Hall**, plant seeds from **Townend** or become a nature detective at **Sticklebarn**. You can also test your bushcraft skills at **Footprint** or have a go at water sports at **Fell Foot's** second Outdoor Festival.



Fell Foot

© National Trust Images/Chris Lacey



Samuel Whiskers © Fredricka Waine & Co. 2019

And spring wouldn't be complete without a Cadbury Easter Egg Hunt (or two or three). Search high and low during the Easter holidays, at places including **Dunham Massey** and **Tarn Hows**, to find all the clues you need to collect your special Cadbury chocolate treat.



See What's on for more details.



© National Trust Images/Vigant Taylor

Get crafty at **Wray Castle** and take on the Great Wray Castle Drawing Challenge, help create a sky of paper birds or make special Mother's Day masks or fascinators.

There are other artsy activities happening across the North West too, including Easter card making at **Allan Bank**, Tudor crafts at **Speke Hall**, egg decorating at **Gawthorpe Hall** and rock art at **Wordsworth House and Garden**.

At **Quarry Bank**, check out the brand new family trail inside the mill, created by children's author Philip Ardagh. You can also hunt for the bugs and beasts who live in the house at **Lyme** or look for Beatrix Potter's cheeky rat character Samuel Whiskers and his family at **Hill Top**.

# Start a new chapter



© National Trust Images/Chris Lacey

There's nothing better in the colder months than curling up with a good book. Our teams in the North West are doing just that and have bookmarked the start of the year to take a closer look at their reading pile....

## Special page-turners

Beatrix Potter's 'little white books' are being celebrated in the Lakes this year in a new exhibition at the **Beatrix Potter Gallery**. Over a century after they were written, 'Telling Tales' explores why her stories still hold a special place in our hearts today. The much-loved characters will also be popping up at **Hill Top** as a local willow sculptor brings the tales to life. Look out for your favourite animal friends, including Jemima Puddle-Duck and Tom Kitten.



© National Trust Images/Wendie de Sora

Another important book in the National Trust's collection will be opened up later this year to show what makes it so special. The only surviving copy of the *Sarum Missal* printed by William Caxton in the 15th century lives in the library at **Lyme**. We acquired this unique book 10 years ago, with the support of the Heritage Lottery Fund, and you'll have the chance to see different pages throughout the summer, showing off the beauty and secrets hidden inside.

## A look at book care

The house team at **Speke Hall** will be looking after centuries-old books and papers over the winter. Novels owned by those who lived at Speke, detailed records of the estate and fragments of the original William Morris wallpaper will all be given some special attention thanks to the money you helped us raise in the 2018 raffle.

The library at **Lyme** will be getting a deep clean in January and February as well, to prepare for the book-themed year. Books will be checked over and delicate work will be carried out to ensure they go on to tell their stories for many years. **Dunham Massey** will also be delving deeper into its book collection in the 18th-century library, as well as the never-before-explored Stamford Estate archives, to give them some TLC.

# Nature's Champions

Dunham Massey has been an important green space for local people for centuries. Throughout its life, the working estate has been looked after by lots of people who've played an important role in shaping the green oasis that's enjoyed by so many today.

As part of the People's Landscapes programme in 2019, Dunham Massey is celebrating the people – past and present – who could be called 'nature's champions'. Through a partnership exhibition with the National Portrait Gallery and a series of events, you'll be able to join in with the very live debates surrounding the natural world.

The exhibition 'Faces of Change: Nature's Champions' will open for three months on 23 March. It'll feature over 30 portraits, including oil paintings, sculpture and photographs, from the National Portrait Gallery Collection.

From the author of *My Family and Other Animals*, Gerald Durrell, to broadcaster Sir David Attenborough, you'll have the chance to get up close and personal with the faces of those who've shaped the world we live in, and discover their green legacy.

Other 'nature champions' featured in the exhibition include Gardeners' World presenter Roy Lancaster, who travelled the world on plant-finding expeditions, and environmentalist and champion of organic farming and gardening, His Royal Highness The Prince of Wales.

An oil painting of one of the founders of the National Trust, Octavia Hill, will also be on display, along with a portrait of children's writer, artist and conservationist Beatrix Potter. Other recognisable faces include Linda McCartney, Dame Vivienne Westwood and The Clash front man, Joe Strummer.

Dunham Massey is the first venue for the exhibition before it travels to Attingham in Shropshire and Upton House in Warwickshire later in the year.

Once the portraits have set off there'll still be plenty to see, as we'll be shining a light on local green guardians: from the rangers and gardeners who care for Dunham Massey to the unsung heroes who do their bit for nature every day.

Keep an eye out for walks, talks and events happening throughout the year to join in.

[nationaltrust.org.uk/dunham-massey](http://nationaltrust.org.uk/dunham-massey)

## National Portrait Gallery



Beatrix Potter

Beatrix Potter by Palmer Bamber. BSA. © National Portrait Gallery, London

## Ways to be a nature champion

Join a monthly beach clean on the **Whitehaven Coast**, or lend a hand with planting heather on 11 April. You can also help us count the orchids and butterflies at **Arnside** and **Silverdale** or get stuck in with planting primroses in the meadow at **Wray Castle**.

For more ideas, visit [nationaltrust.org.uk/volunteering](http://nationaltrust.org.uk/volunteering)



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# Get your floral fix this spring

## February

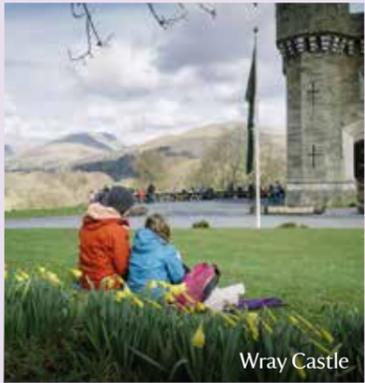
As spring starts to stir, wander through carpets of snowdrops in the winter garden at **Dunham Massey** – it's one of the largest of its kind in the UK and has over 250,000 snowdrops, along with iris, cyclamen and narcissi. Look out for delicate crocuses as they begin to appear in the gardens at **Rufford Old Hall** too.



©National Trust Images/John Miller

## March

The nodding heads of daffodils can brighten up the dullest of days. There'll be thousands waiting to welcome you along the drive at **Speke Hall** and in the aptly named Yellow Meadow at **Dunham Massey**. For wild daffodils, head into Brigsteer Woods at **Sizergh**. Thanks to your donations, we'll be adding the last plants to the restored South Rockery at **Wray Castle** too.



©National Trust Images/Simon Barber

## April

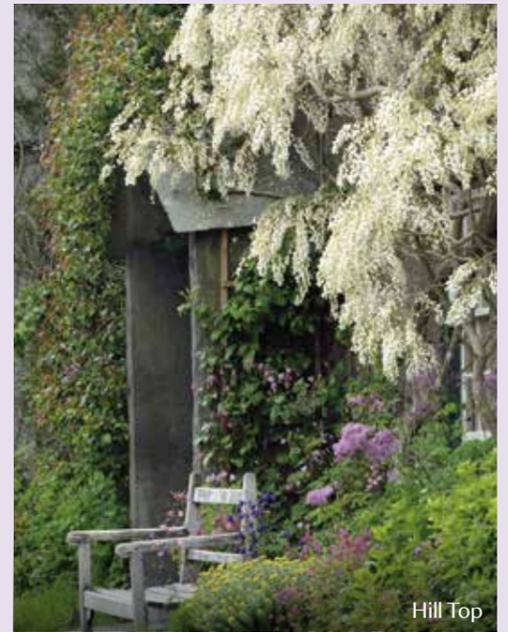
Colourful tulips take over as spring continues and there'll be tulip festivities at **Dunham Massey**, where they planted 17,000 bulbs last year. Look out for tulips and daffodils at **Wordsworth House and Garden** too, plus a 'host of golden daffodils' on the shore of **Ullswater** and in **Dora's Field** in Grasmere.



©National Trust Images/John Miller

## May

On sunny days it's easy to think summer has arrived. Head out on a wildflower walk with the rangers at **Lyme**, see the wisteria start to bloom at **Hill Top** or discover carpets of bluebells – look out for a sea of blue in the woodland at **Speke Hall** and **Rufford Old Hall**.



©National Trust Images/Vol Coubert

## The Bell Tree

You'll discover nature-inspired art in the heart of **Speke Hall's** woodland too, where an ancient oak tree has been transformed by award-winning artist Serena Korda. Inspired by the folklore of the bluebells that grow beneath its branches, 'The Bell Tree' celebrates the dark side of the fairy kingdom through a sculptural sound installation with over 300 ceramic bells.



©Dave Jones

# Active holidays

Kick start your year with an active outdoor break this spring.



©National Trust Images/Trevor Hart

## Low Wray Campsite, Windermere

Pitch your tent, pick a camping pod or try out a new tree tent in this lakeside campsite and let the stresses and strains of everyday life disappear. You can take an early morning stroll along the shore, hire a bike to visit nearby Claife Viewing Station, then enjoy a night under the stars.

## Bird How, Eskdale valley

Get well and truly off the beaten track in this peaceful, quirky retreat. A former cow barn, Bird How offers simple but cosy accommodation and is an ideal base for some of the Lake District's most challenging walks. It's great for a digital detox too – there's no phone signal – making it an ideal place to reconnect with nature.

## East Lodge, Lyme

This dog-friendly cottage is tucked away on the edge of Lyme's historic deer park, with views to the Cage hunting lodge and over Kinder Scout. There are miles of footpaths and running routes from the front door, or you can bring your bike and explore parts of the estate on two wheels.

## Further afield

Look out for some brand new places opening in 2019. From spring you can set up camp in a bothy at **Malham Tarn**, perfect for exploring the rolling Yorkshire Dales, and there'll be a cosy cottage at **Wallington** in Northumberland, with acres of walks and cycle hire on the doorstep.

Visit [nationaltrust.org.uk/holidays](http://nationaltrust.org.uk/holidays) to check availability (and any special last-minute deals).

For alternative formats, please call us on 015394 35599 or email [NW.CustomerEnquiries@nationaltrust.org.uk](mailto:NW.CustomerEnquiries@nationaltrust.org.uk)



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