



National
Trust

Near you



Aira Force

A night out with a difference

With warm days come long nights and the overwhelming urge to soak up as much sun as possible. Make the most of heady evenings with al fresco entertainment, a picnic tea or a sunset stroll among the bees and butterflies.

With later opening and events across the North West you can stay a little longer at your favourite places this summer.

Fresh air theatre

Dig out your picnic blanket (or pick up one of our best selling rugs in the shop), top up your glass and lose yourself in a classic tale with outdoor theatre at **Dunham Massey**. Enjoy the tempestuous love story *Wuthering Heights* or the enchanting *Secret Garden*. Arrive early and stop by Dunham's rose garden, alive with vibrant sights and smells at this time of year.

For the ultimate Shakespearian experience, immerse yourself in the works of the great playwright set against black-and-white Tudor buildings, with *Macbeth* at **Speke Hall** and *Romeo and Juliet* at **Rufford Old Hall**.

For a tea party with a difference, gather the whole family and join the Mad Hatter for **Speke Hall's** family-friendly *Adventures in Wonderland*.

Picture perfect picnics

A walk and a picnic is a classic combination for a summer's day and there's no shortage of picnic spots to round off a day exploring in the Lakes.

Pack a picnic tea and watch the warm evening light fade against the imposing Lakeland fells across Derwent Water from Crow Park in **Borrowdale**.

Take a stroll around the lake or head into the woods where you might spot one of the resident red squirrels dining al fresco at one of the feeders.

Find a sheltered spot in the glade at **Aira Force**. The sun shining through the woodland canopy creates dappled 'spotlights' and the trees of the pinetum seem even taller when you're lying on a picnic blanket! Leave the car at Glenridding and arrive in style on the Ullswater steamer.



Speke Hall

Dine outdoors

Relax after a long day on the Langdale fells at **Sticklebarn**. We'll be firing up the charcoals for BBQ nights, washed down with a splash of live folk music throughout the summer.

Every Tuesday night at **Fell Foot**, join us for wood-fired pizza fresh from the oven. Work up an appetite with a tranquil evening stroll on the meadow walk, a refreshing swim or a warm paddle in England's largest lake.

After the sun goes down

There are eight species of bats found in the Lakes, and they're most active during the summer months when they leave their roosts to feed on insects. Join our rangers at **Ennerdale** and **Fell Foot** for twilight guided bat walks, using specialist equipment to listen to their calls.



Sticklebarn

Even better: just don't go home!

Love the idea of staying at your favourite National Trust places after hours? You can wake up there too with a break at one of our holiday cottages or campsites. Open your front door to have breakfast in the formal gardens at **Cragside**, watch the sun rise from the lighthouse keepers' cottage at **Souter** on the east coast or drop off to the sounds of water lapping Windermere's lake shore from High Strawberry Gardens, a stone's throw from **Claife Viewing Station**.

For more holiday ideas go to nationaltrust.org.uk/holidays

We'd love to hear what you've been up to. Join the adventure and share your top spots this season:

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[facebook.com/NTLakeDistrict](https://www.facebook.com/NTLakeDistrict)

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nationaltrust.org.uk/the-lakes

You'll find
your summer
What's on inside >>>

Garden secrets

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With longer and lighter days, this is the time lots of us flex our green fingers. Our gardeners share their top tips to get the most from your garden this summer:



Rufford Old Hall

©National Trust Images/Amel de Serra



Speke Hall

©National Trust Images/Amel de Serra

1 A snip in time

A little snip after flowering can often lead to a second flush later in the summer. The team at **Dunham Massey** spend 75 hours each week deadheading the roses to make sure their 300 different varieties bloom all summer long. Lavender also benefits from a haircut just after flowering. The plant saves energy by not seeding so you'll be rewarded next year with a greater display. Sniff out these highly scented plants in the beds next to the house at **Speke Hall**.

2 Give your garden what it wants

Water butts are a great investment. Rain water is pH neutral with less chlorine than tap water so is better for your plants. Make the most of any watering you do by picking the coolest part of the day, in the morning or evening. Imagine the watering needed to keep the flowers at **Lyme**, **Sizergh** and **Wordsworth House** looking so colourful.

3 Plant for beauty and taste

Decorative fruit and veg can make lovely additions to your summer menu. Make a plot to plate salad for the BBQ with trailing tomatoes and English marigolds, or grow your own mint to add to a cooling drink. Just keep it contained to stop it taking over. Get inspiration for growing your own from the herb gardens at **Acorn Bank** and **Little Moreton Hall** and **Quarry Bank's** veg patches.

4 Follow nature and slow down

Grass tends to grow less in the peak of summer, so the best thing to do is raise the cutting blade or hold off mowing to reduce scorching. Instead, take some time out and stroll through the cottage garden that inspired Beatrix Potter at **Hill Top** or enjoy a picnic in the tranquil walled garden at **Hare Hill** or on the lawns at **Rufford Old Hall**.

5 Let nature do its thing

Wild flowers not only look beautiful but also attract pollinators, so if you've got space to sow some wildflower seeds you'll be rewarded with colour and wildlife. Take inspiration from the wild flowers in the walled garden at **Wray Castle** or along the **Whitehaven Coast** or join the crowds (of bees and butterflies) making the most of the new 'nectar bar' at **Allan Bank**.

Lost and found

Acorn. Ivy. Heather. Go on a word hunt in the gardens at **Lyme** this summer and see what you can find. Family activities are inspired by **Robert McFarlane** and **Jackie Morris' The Lost Words**. The book features nature words which have disappeared from the **Oxford Junior Dictionary** as children spend less time outdoors.



Get inspired by nature

Lost Words

Until 1 September, **Lyme**

A series of family activities inspired by the book.

Manchester Festival of Nature

29 June, **Heaton Park**

Visit Manchester's first nature festival and learn about local wildlife and the people looking after it. Meet Green Academies Project rangers, build a den, or follow a nature trail.

Local lives: Small change. Big difference

29 June–3 November, **Dunham Massey**

This exhibition focuses on local people who are all doing their bit to help nature. See their portraits, hear their stories, and leave your thoughts about what you would fight to protect.

Do your bit for nature

Over the summer help count the different types of butterflies at **Lyme** so we can monitor and care for them.

BBC Countryfile Live

1–4 August, **Blenheim Palace** and 15–18 August, **Castle Howard**

Love the countryside? Love nature? Then join us for this year's BBC Countryfile Live.

Visit nationaltrust.org.uk/countryfile-live for more details on our offer for members.



Alex Bond, Ranger at Dunham Massey

©Amanda Hancock

The Green Academies Project team are working to try and reverse this trend. We spoke to **Alex Bond**, one of the rangers involved to find out more...

Tell us about your job:

I teach young people new skills to help them make a difference to local green spaces in need of some TLC.

What does a normal day look like?

Every day is different. I could be speaking in schools to inspire our next generation of Youth Rangers, or outdoors teaching a group about bird life and making bird boxes.

Why should young people get to know nature?

Nature is important for our health and well-being, not just our planet. However, a lot of young people today don't even know about the green spaces and wildlife right on their doorstep. Our bird population is shrinking and our green spaces are becoming less, and nature can't solve this alone. We need to look after what we have now so it's still there in the future. This starts with showing tomorrow's nature champions how special nature is and what difference they can make.

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National Trust

Events and activities for summer 2019
The Lakes | Cheshire, Lancashire & Merseyside

What's on

This is just a taster of the events coming up – visit nationaltrust.org.uk/north-west for more events and activities happening near you.



The Lakes

Look out for...

Wordsworth House & Garden

This Land is Our Land

Until 3 November

The Lake District landscape is not 'natural' or static. For thousands of years, people have covered it with their footprints, and it belongs to us all. Long the preserve of farmers and miners, in the 19th-century, Wordsworth and his fellow Romantic poets reinterpreted it as a place of inspiration and respite, sowing the seeds of the modern conservation movement.

This Land is Our Land

Saturday–Thursday until 8 September
11am–4pm

An exhibition exploring nature's power to shape us and the impact we, in turn, have on the environment. Contributors include writers Robert Macfarlane, Sarah Hall, Hunter Davies and George Monbiot, artist Julian Cooper and others living and working in the Lakes.*

Under Northern Skies

Saturday–Thursday 16 September–3 November

11am–4pm
Inspired by Coleridge's *Rime of the Ancient Mariner*, young curators from local communities take over his friend and collaborator's childhood home with displays and installations highlighting today's environmental concerns.*

Count like a Cumbrian

Saturday–Thursday until 3 November
11am–4pm

From counting sheep to naming everyday objects, the people of Cumberland and the Lake District have long had their own language to describe the world around them. Follow our children's trail around the house and garden, and you'll soon be speaking – and adding up – just like a Cumbrian.*

Become a rock artist

Every Monday 27 May & 22 July–26 August

11.30am–3.30pm
Follow in the footsteps of the land's earliest inhabitants and decorate a pebble to tell a personal story.* **50**

Become a natural artist

Every Wednesday 29 May & 24 July–28 August

11.30am–3.30pm
Let nature awaken your creativity and make a piece of wild art from found objects or create a poem out of stones.* **50**

Guardians of a fragile world

Thursday 20 June

7.30pm
National Trust Ranger Maurice Pankhurst shares his passion for the trees and woodland at the beating heart of the ecosystem sustaining us all. **£5** incl. coffee and cake **BE**

Folk: weaving an island tapestry

Thursday 19 September

7.30pm
Award-winning author Zoe Gilbert speaks about her novel, *Folk*, set in a richly imagined world inspired by the Isle of Man, where people and landscape are bound together by myth and tradition. **£10** incl. glass of wine **BE**

Regular events & exhibitions

Daily

Beatrix Potter Gallery

'Telling Tales' exhibition

10.30am–4pm

Featuring original artwork from some of Beatrix Potter's most popular 'little white books', 'Telling Tales' looks at why, over 100 years after the publication of *The Tale of Peter Rabbit*, Beatrix Potter's delightful characters still resonate with so many of us today.*

Daily

Hill Top

The Samuel Whiskers trail

10am–4pm

Search for Samuel Whiskers and his ratty friends around Hill Top house and seek out hedgehogs in the garden as you follow the trail.*

Daily 25 May–1 September

Sizergh

Plants, poisons and potions trail

10am–4pm

Cecilia Strickland took hemlock for her ailments, but little did she know it was actually poisoning her! Discover other popular medicines of the 18th-century and why they're no longer used today.* **£1**

Tuesday–Sunday

Sizergh

The Sizergh Silk Road: from Goa to Antwerp

12 noon–3.30pm

Follow the threads of Sizergh's textile history from the Antony and Cleopatra Flemish tapestries, to the newly rediscovered bedspread of James II.*

Saturday–Thursday

Wordsworth House & Garden

A very special family home

11am–4pm

It's 80 years since Wordsworth House was saved from demolition by local people and opened to the public by the National Trust. This new discovery room display tells the story of an extraordinary home in the 20th and 21st centuries.*

Every Monday

Sizergh

Guided walk of Sizergh Fell

11am

Enjoy a 1.5-mile guided walk around Sizergh's farmland, discovering archaeological sites, grassland full of wildlife and incredible views over Morecambe Bay. Bring stout footwear. **Free**

Every Tuesday 23 July–27 August

Fell Foot

Pizza nights

5–7pm

Make the most of the long summer evenings with a fresh pizza straight from our wood-fired oven on the shore of England's largest lake. **£**

Every Tuesday in school holidays

Hill Top

Seed planting

11am, 1pm & 3pm

Plant seeds with our very own Mr McGregor and take them home to grow in a compostable pot.*

Every Wednesday until 1 September

Tarn Hows

Guided walks

11am

Go on an adventure off the beaten track with our friendly volunteers. These guided walks usually last around 3 hours. **Free**

Every Thursday 30 May & 25 July–29 August, plus Friday 31 May

Wordsworth House & Garden

Walk on the wild side

11.30am & 2.30pm

Join a costumed servant on a fun, family-friendly garden tour to taste flowers, touch bugs and discover how to turn your outside space into a wildlife haven.* **50**

Every Friday

Beatrix Potter Gallery

Conservation in action

1–3pm

Chat to our conservation team and see some rare items from the collection such as early editions of Beatrix's books or her jewellery.*

Every closed Friday

Hill Top

Hill Top tour

2–3pm

Experience Beatrix Potter's beloved home, Hill Top, out of hours and get up close to items from the collection. **£15** **BE**

May

Wednesday 29 May

Wray Castle (until 31 May. Also Wednesday–Friday 24 July–30 August)

Sailing from Wray boathouse

9.30am–4pm

Beginners' sessions sailing out onto Windermere from the Victorian boathouse at Wray Castle, with approx. 1 hour of instructed sailing. **£12** **BE**

Keswick (also 15 June, 25 July, 20 August, 22 September)

Force Crag Mine open day

10.30am–3pm

Join a guided tour of the processing mill and discover the story of the last mineral mine to be worked in the Lake District. **£6**

Thursday 30 May

Derwent Water (also 23 June, 1 & 22 August)

Derwent Island House open day

10.15am–2.30pm

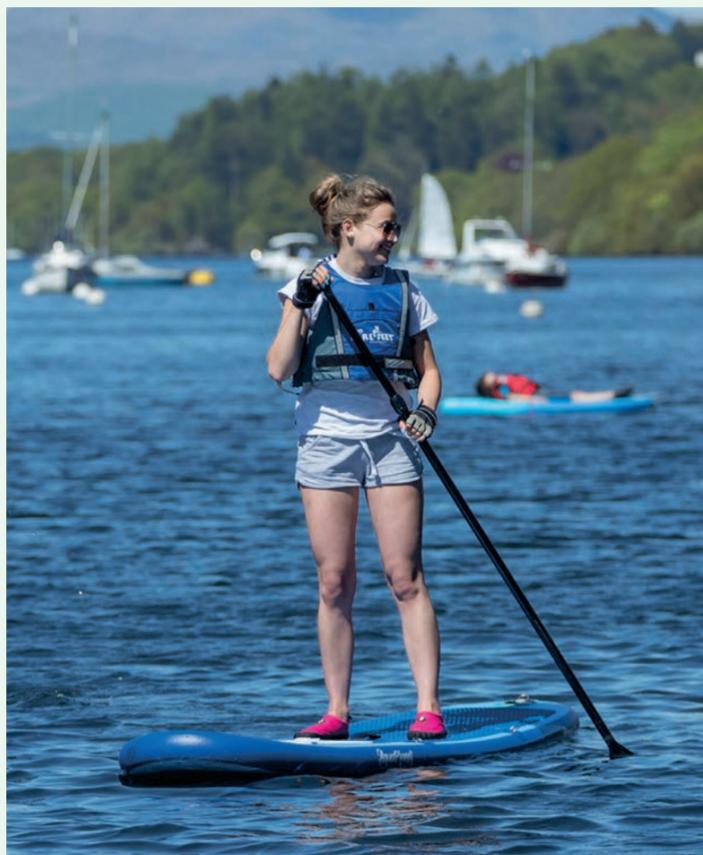
Paddle a canoe across Derwent Water to enjoy a guided tour of the Georgian house and gardens, and see the lake from a different perspective. Adult **£14.25**, child **£4**, family **£28.50** **BE**

Whitehaven Coast (also 25 July, 26 September)

St Bees beach clean

2–3.30pm

Join us and the Colourful Coast Partnership at St Bees beach to help remove litter and tackle the marine plastics problem. **Free**



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Friday 31 May

Acorn Bank (also 30 August)
Cooking from your garden
5.30–8.30pm

Help prepare and cook some of Acorn Bank's very own produce then enjoy a two-course meal with our chef. **£30 BE**

Acorn Bank (also 28 June, 26 July, 30 August, 27 September)
Drop-in cooking demonstration
11am, 12 noon & 1pm

Chef James invites you to join him for a drop-in cooking demonstration on how to use your garden produce.*

June

Saturday 1 June

Sizergh
Brigsteer Wood walk
11am

Discover summer on the Sizergh estate on this 5-mile guided walk. Spot butterflies basking in the sun and hidden wildlife from Park End bird hide. **£3 BE**

Thursday 6 June

Wordsworth House & Garden
(also 4 July, 1 August, 5 September)
Scented summer evenings
4–8pm (last entry 7pm)

Take an early evening stroll around William's childhood playground, then step inside to meet the 'maid-of-all-work' and discover how the 'middling sort' lived during the dramatic days of mad King George III.*

Friday 7 June

Steam Yacht Gondola
(also 6 September)
Grand Victorian Circular Tour
10.15am–5pm

Accompanied by a guide, you'll retrace the steps of Victorian and Edwardian tourists on an adaptation of one of the original Furness Railway grand tours of the Lake District. In partnership with Windermere Lake Cruises, Lakeside & Haverthwaite Railway and Mountain Goat Tours. **£75** incl. entry to all attractions and lunch at Claife **BE**

Saturday 8 June

Wray Castle (until 1 September)
Take off! A summer of things that flutter
10am–5pm

A celebration of bees, butterflies and moths through a range of indoor and outdoor self-led family activities. Are you ready to take off this summer?*

Sunday 9 June

Footprint
Silva Sisters wild wellbeing in the woods for women
10.30am–4pm

Find strength, peace and connection on a day's retreat at Footprint; there'll be yoga, bushcraft, woodland crafts, meditation, mindfulness and mindful walking. Book via info@nesbearyoga.com **£55 BE**

Saturday 15 June

Footprint (until 16 June)
Family bushcraft camp
11am Saturday–12 noon Sunday

Two days of fun and memorable experiences. Learn fire-lighting and bushcraft skills, greenwood carving skills and campfire cooking, build and sleep in your own shelter, go on a nature walk and enjoy storytelling. Adult **£75**, child **£35** (**£30** for additional siblings) **BE**

Wednesday 19 June

Whitehaven Coast
Midsummer Night's Eve wildflower guided walk
7–8.30pm

Guided walk through the meadow restoration at Whitehaven Coast. **Free BE**

Thursday 20 June

Steam Yacht Gondola
(also 19 September)
Beatrix Potter's landscape cruise and walk
10.45am–4.15pm

Spend a day with our volunteer ranger on a guided cruise and walk to discover Beatrix Potter's Coniston story. **£21** incl. afternoon tea at Monk Coniston **BE**

Thursday 27 June

Whitehaven Coast (also 29 August)
Whitehaven beach clean
10.30–12 noon

We're joining up with the Colourful Coast Partnership to help remove marine litter and beach plastics. **Free**

Saturday 29 June

Acorn Bank
Plant dyes workshop
1–4pm

Join our plant dyes researcher for an afternoon to find out more about using plants to make natural dyes, and get hands-on with dyeing too.* **£30 BE**

July

Saturday 6 July

Hill Top
Hay meadow day
10.30am, 11.30am, 1pm & 2pm

Join us in celebrating the unique hay meadow habitat – we'll have ranger talks and guided walks taking place in the orchard and around the farm.*

Keswick (until 7 July)
King Pocky's Derwent Water Regatta
10am–7pm Saturday, 10am–4pm Sunday
A fun 'join-in' regatta; low-cost water sports taster sessions, plus free family activities including water play, balance bikes and wild art, and a lakeshore bar by Sticklebarn. From **£6** **50**

Thursday 11 July

Footprint (until 12 July)
Explore What Matters camp
1pm Thursday–4pm Friday

Take some time out from your busy life, disconnect from technology and reconnect with nature on this two day camp; create woodland craft projects, share conversations and explore what matters to you. **£195** incl. all meals **BE**

Saturday 13 July

Footprint (until 14 July)
Orin's bioblitz

See website for timings
11 year old Orin from Woodmatters invites you to a weekend of bat and bird walks, fun with lichens, mini beasts, trees, rivers and much more as we celebrate biodiversity at Footprint. **Free**, donations welcome

Sunday 21 July

Special offsite event:
Nenthead, Cumbria
Underground lead mine adventure
9.45am–3.30pm

Let the Pinpoint Adventure team guide you on a tour of Smallcleugh Mine, once a working lead mine. Explore a network of tunnels and glimpse into the arduous lives of the miners. Age 8+. NB basic level of fitness required. **£40** incl. bacon sandwiches (or veggie option) **BE**



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August

Saturday 10 August

Acorn Bank
Teas and tisanes
1–4pm

Spend an afternoon with our senior gardener and chef tasting teas and tisanes using plants from our herb garden.* **£30 BE**

Saturday 17 August

Fell Foot
All England Open Stone Skimming Championships
11am–5pm

Take part in one of the quirkiest championships in the country and earn an official title.* **£** (organised by South Cumbria Rivers Trust)

Friday 23 August

Fell Foot (also 30 August)
Bat walks
7–9pm

Take a twilight tour of the grounds with our rangers to spot some of our special residents. **£5** for over 17s

Monday 26 August

Allan Bank
Harvest time printmaking
10.30am–12.30pm & 1.30–4pm

Take inspiration from harvest time and use simple press printing techniques to create your own print; run by local artist Karen Lester.* **£6**

Thursday 29 August

Ennerdale
Twilight lakeshore walk with bat identification
7.30–9.30pm

Join Academy Ranger Duncan for a sunset guided walk around Bowness Knott armed with bat identification equipment. **Free BE**

Friday 30 August

Acorn Bank
Summer pruning workshop
10.30am–3.30pm

Join our orchard team for a day to learn how and why we prune fruit trees in summer.* **£30 BE**

Saturday 31 August

Whitehaven Coast
Release the moths!
7.30–9am

Join us for an early morning as we open the moth trap – last year 250 moths (99 different species) were trapped in just one night. Meet at Haig Colliery. **Free**



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September

Saturday 7 September

Wray Castle (until 3 November)
The mushroom and the spider's web
10am–5pm

As autumn falls on Wray Castle, you can discover some mysterious mushrooms and intriguing spider's webs through a range of indoor and outdoor family activities.*

Friday 13 September

Steam Yacht Gondola
Heritage Open Day
5–6.30pm

An exclusive behind-the-scenes experience; view archive material on the history of Gondola, find out about its rescue and rebuild, chat to the engineers who maintain the boat and the helmsmen who sail her. **Free**

Saturday 14 September

Borrowdale, Buttermere Valley, Ennerdale and Whitehaven Coast
(until 21 September)

Heritage Open Days: guided walks
10.30am & 1.30pm
Join our rangers on a guided walk to discover the hidden histories and wildlife of the Lake District – there's a different guided walk every day. Check our website for details. **Free BE**

Monday 16 September

Sizergh (also 18, 20 & 21 September)
Heritage Open Days: Sizergh's gunpowder works
2pm

Join this guided walk to Sedgwick gunpowder works and learn some hidden secrets from the Sizergh estate. **Free BE**

Tuesday 24 September

Sizergh (until 29 September)
Sizergh Uncovered
12 noon–3.30pm
See our collection in a new light; peek underneath the covers and inside the drawers of some of our oldest – and most interesting – furniture.*

Wednesday 25 September

Allan Bank
Flower arranging
11am–1pm & 2–4pm

Guided by our in-house flower arranger, this workshop is a chance to create two small flower arrangements of your own.* **£15**

Cheshire, Lancashire & Merseyside

Look out for...

Dunham Massey

Celebrating nature and the people who look after it

Until 3 November

Celebrate nature with us this summer. Join in with events and activities that explore the great outdoors and the plants and animals that call it home.

Faces of Change: Nature's Champions

Daily until 9 June

11am–5pm (last entry 4pm)

From David Attenborough and Beatrix Potter to Vivienne Westwood and Joe Strummer, see portraits from the National Portrait Gallery's collection of people who've shaped the way we think or feel about green spaces and nature today.*

Local Lives: Small Change, Big Difference

Saturday–Wednesday 29 June–3 November

11am–4pm

Taken by photographer Jan Chlebik, this exhibition features portraits of local people doing their bit for nature every day. Hear their stories and tell your own, as we ask what nature means to you and what you would do to protect it.*

Bioblitz

31 May

11am–3pm

Fancy yourself as a nature detective? Join in with a family-friendly wildlife survey and help us find out about all the birds, beasts, bugs and plants that make their homes at Dunham Massey.*

Percy the Park Keeper – The Treasure Hunt

12 June–4 September

10.30am–4pm

Join Percy the Park Keeper and his animal friends on this nature-inspired trail around the garden to discover nature's treasure.*

Percy the Park Keeper – Nature's Treasure

19 July–4 September

11am–4pm

Over the summer holidays you can help Percy the Park Keeper look after nature with family-friendly activities to find out about the amazing animals who live at Dunham Massey.*



©Nick Bratterworth



©National Trust Images/Megan Taylor

Lyme

Books and stories

Until 3 November

From printed words, new words to lost words, all of Lyme will be alive with language as we explore words in all their glory. Encounter the language of landscapes around the estate, seek out *The Lost Words* in the garden as we bring Robert Macfarlane's spell book to life and experience renewed passion for our printed heritage as we shed new light on one of the oldest printed books in Britain.

Lyme word trail

Daily until 3 November

As you wander Lyme's pathways you might stumble across a new word and its meaning. Discover words about this ancient landscape and see if you're a nemophilist or a pluviophile.*

The Lost Words

Daily until 1 September

10.30am–5pm

Acorn. Ivy. Heather. Explore the house, park and garden to seek out words like these that are disappearing from children's vocabulary, and discover them brought to life. Join us in the summer for more children's activities inspired by Robert Macfarlane and Jackie Morris' spell book.* £2.50

Prayer, print and protest

June–3 November

House open days

Leaf through the stories behind the most significant printed book in the Trust's collection: Lyme's Missal. Discover the beginnings of printing and what remains of one family's quiet protest against religious censorship.*

Quarry Bank and Dunham Massey

People's Landscapes – unearthing passion and protest

13 July–29 September

200 years after the Peterloo Massacre, artist family Gary, Grace, Hope and Merrick will create and present two new films that will be shown simultaneously at Dunham Massey and Quarry Bank. The films are inspired by questions about protest, rights and responsibilities, freedoms and the power to create change. An exhibition of the artistic process, along with Dunham Massey and Quarry Bank's stories and links to Peterloo, will also be shown in Manchester Central Library as part of the Peterloo 2019 commemoration project.*



Saturday 6 July

Manchester Central Library

Meet the artists

12 noon, 1pm, 2pm & 3pm

Meet the artist family as they lead a day of activity and debate based around the themes of their commission. See peterloo1819.co.uk for more details. *



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Quarry Bank

Rights of the Child

Until 29 September

2019 marks 200 years since the Peterloo Massacre, a key moment in British history when people stood up for their right to a voice and were cut down. Through the lens of the children who worked at Quarry Bank, we will explore the legacy of Peterloo; an event that forever transformed the rights of working people.

Summer holidays: Find your Styal

22 July–2 August (weekdays)

11am–4pm

Try your hand at new, exciting skills with the team at Quarry Bank, from forest school fun to crafts in the mill.*

Summer holidays: If you go down to the woods...

5–16 August (weekdays)

11am–4pm

Learn about the great outdoors and connect with trees, discover how they communicate with each other and how they log their experiences. Listen to them, learn from them, love them.*

Summer holidays: Strike a chord

19–30 August (weekdays, except Bank Holiday Monday)

11am–4pm

Quarry Bank's machines and the River Bollin form a unique rhythm. Come along this summer and explore new ways to create and enjoy music.*



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Little Moreton Hall

Get your body Tudor ready

Until 3 November

Discover Tudor attitudes to health and food, with a different activity to try each month, from making butter in a churn to creating a Tudor pinch pot to keep your remedies in. Explore the way in which the Tudors looked after their health and wellbeing, and get your body Tudor ready!

Trust New Art: Gathering

29 June–3 November

11am–4pm

International artist Hilary Jack has created a filmic piece for the Hall, inspired by the Tudor tennis balls found in the Long Gallery.*

Play like a Tudor: summer holidays

24 July–1 September

11am–4pm

Get your body Tudor ready with some indoor and outdoor activities. Try your hand at Tudor games like archery and goose.*

Regular events & exhibitions

Every Sunday 7 July–29 September

Alderley Edge

Guided walk

2pm

Learn of the history and legends of Alderley Edge as you explore with one of our local walks guides. Free

Daily until 1 September

Hare Hill

Wind in the Willows trail

11am–4pm

Follow the adventures of Ratty, Mole, Toad and Badger this summer with an interactive, illustrated trail.* £1

Daily until 19 July

Speke Hall

Trust New Art: The Bell Tree

10.30am–4pm

Step into a magical environment and experience award-winning artist Serena Korda's sculptural sound installation, inspired by the fascinating story of hidden rebellions at Speke Hall.*

Wednesday–Sunday until 19 July

Speke Hall

Trust New Art: Under The Rose

12.30–4.30pm

Pick up headphones as you enter the house and then stand at the heart of Speke Hall to explore the espionage and intrigue that is built into the fabric of the building.*

Wednesday–Sunday until 3 November

Speke Hall

Tension, Turmoil and Traitors: The Story of Tudor Speke

12.30–4.30pm

Not every rebellion begins with a battle cry... Discover the turmoil of Elizabethan England and the life or death secrets that were kept within the walls of Speke Hall in a fascinating new indoor exhibition.*

Weekends 4 May–30 June (excluding 1–2 June)

Dunham Massey

Music in the garden

12 noon–3pm

Dig out your picnic blanket, top up your glass and relax with live music in the garden as tulips and bluebells spring to life.*

May

Saturday 25 May

Speke Hall (until 9 June)

Tudors in bloom

10.30am–4pm

Celebrate spring in Tudor style. Follow the Green Man's trail as his spring spell brings nature to life, make a magical mask or enjoy tales from Mother Nature.*

Wednesday 29 May

Tatton Park (also 15 August)

Tatton Teddy Hunt

10.30am & 1pm

Tatton's mischievous teddy bears are playing hide and seek in the gardens! Can you help us find them all in time for story time? £12 incl. one free adult and vehicle entry BE

June

Saturday 1 June

Dunham Massey (until 2 June)

Teddy Bears' Picnic

11am–4pm

If you come down to Dunham Massey today, you're sure of a big surprise. Bring your favourite teddy and a scrummy picnic for an afternoon of games, music and teddy bear fun!*



©National Trust Images/John Miller

Wednesday 12 June

Tatton Park

Head gardener's tour and luncheon
10am

Join the head gardener for an expert insight into the garden's history, followed by a light lunch in the tea-room with dishes using produce from the garden. **£26** incl. vehicle entry **BE**

Saturday 15 June

Lyme (until 16 June)

Father's sports day weekend
11am–5pm

Challenge your family to traditional sports, then treat dad to ploughman's afternoon tea or beer and cider tasting in the garden.* **£**

Tatton Park (until 16 June)

Dogfest

9.30am–5pm

Join hundreds of dog lovers for a fun-filled weekend alongside special guests Professor Noel Fitzpatrick and Clare Balding. Adult **£16.50**, child **£10.50**, vehicle entry **£7**

Thursday 20 June

Speke Hall

Outdoor theatre: Macbeth
7pm

Pack your picnic basket and blanket and enjoy one of Shakespeare's most famous plays, performed by the vibrant and innovative Three Inch Fools. Adult **£14**, child **£7** **BE**

Saturday 22 June

Little Moreton Hall (until 23 June)

Midsummer

11am–4pm

Experience the Tudor festival that gives thanks for the sunshine and water that nourishes the crops. Look out for dancing, activities and live music from Piva.*

Dunham Massey

Outdoor theatre: Wuthering Heights
7pm

Chapterhouse Theatre Company presents Emily Brontë's wild and tempestuous love story, *Wuthering Heights*. Adult **£16**, child **£11**, family **£46** **BE**

Hare Hill

A taste of Buxton International Festival
6.30–8pm

Young singers and musicians present a preview of this year's operas and concerts in an outdoor performance in the walled garden. Book via buxtonfestival.co.uk **£7.50** incl. welcome drink **BE**

Wednesday 26 June

Little Moreton Hall

Stone carving day

11am–5pm

Create a stone sculpture to take home, inspired by the medieval craftsmanship of the Hall. **£70** **BE**

Thursday 27 June

Little Moreton Hall

An audience with Piva

7.30pm

An intimate evening concert with popular Renaissance group Piva, who will perform dance and ballad music from the 16th-century. **£18.50** **BE**

July

Wednesday 3 July

Speke Hall

Outdoor theatre: Sense and Sensibility
7pm

Join us for an evening of scandals, scoundrels and severely sprained ankles, with the hilarious Pantaloon's! Adult **£14**, child **£7** **BE**

Thursday 4 July

Gawthorpe Hall

History Wardrobe: All Writers Great and Small

7pm

A celebration of Northern authors, from the Brontës to James Herriot (and a lot of other good ones in between). Historian Lucy Adlington links costumes and stories in this lively literary show. **£12** **BE**

Quarry Bank (also 8 August)

Outdoor theatre: Treasure Island and A Midsummer Night's Dream

7pm

Join Chapterhouse Theatre Company for unmissable productions of two much-loved tales. Adult **£16**, child **£11**, family **£46** **BE**

Friday 5 July

Rufford Old Hall

Outdoor theatre: Romeo and Juliet
7pm

Heartbreak Productions perform Shakespeare's timeless love story in the grounds of Rufford Old Hall. Adult **£15**, child **£12.50** **BE**

Saturday 6 July

Little Moreton Hall (until 7 July)

Tudor Group takeover

11am–4pm

The Tudor Group will be transforming the Hall for a weekend of living history.*

Dunham Massey

Outdoor theatre: The Secret Garden
6.30pm

Join young Mary Lennox on a journey of discovery as she's sent to her uncle's house in the countryside, where secrets lurk round every corner. Adult **£16**, child **£11**, family **£46** **BE**

Thursday 11 July

Little Moreton Hall (also 12, 13, 18, 19, 20 July)

Outdoor theatre: Pride and Prejudice
7.30pm

Pack a picnic and enjoy Jane Austen's classic love story presented by Alsager Community Theatre. Book via alsagercommunitytheatre.org.uk or tel: 01260 276165. Adult **£14**, under 21s **£10** **BE**

Thursday 18 July

Tatton Park (until 21 July, plus 17 July for RHS members only)

RHS Flower Show Tatton Park
10am–6.30pm

A fabulous day out bursting with colourful gardening inspiration, fun family activities, have-a-go workshops and boutique shopping. **£28** (National Trust members **£26.50**, quote NT19 at checkout) **BE**

Summer Holidays

Saturday 20 July

Speke Hall (until 1 September)

Tudor life at Speke Hall

Explore all things Tudor over the summer holidays. Join us for crafts, Tudor tales and trails, or roll up your green sleeves and connect with nature.*

Wednesday 24 July

Rufford Old Hall

Outdoor theatre: Sense and Sensibility
7pm

The Pantaloon's bring Jane Austen's classic tale to life in the grounds of Rufford Old Hall. Adult **£15**, child **£12.50** **BE**

Saturday 27 July

Gawthorpe Hall

Outdoor theatre: A Midsummer Night's Dream

6.30pm

Bring your deckchair and picnic and enjoy a fabulous evening with one of Shakespeare's favourite plays. Adult **£15**, concession **£12**, under 21s **£5** **BE**

Monday 29 July

Lyme (until 2 August)

Ranger in training

10am–12 noon & 1pm–3pm

Have you got what it takes to be a ranger? Pick up some new skills as you explore the outdoors with these hands-on activities. Age 6+.* **£5** **BE**

August

Thursday 1 August

Speke Hall

Outdoor theatre: Much Ado About Nothing
7pm

Enjoy Shakespeare's *Much Ado About Nothing* by The Three Inch Fools with Speke Hall as a scenic backdrop. Adult **£14**, child **£7** **BE**

Tuesday 6 August

Rufford Old Hall

All about bees

1–3pm

Discover the wonder of honey bees, roll a beeswax candle and learn about the colonies of honey bees living at Rufford Old Hall.* **£1** per candle **BE**

Saturday 10 August

Dunham Massey

Outdoor theatre: Pride and Prejudice
7pm

Take a step back in time with Chapterhouse Theatre Company to meet Elizabeth Bennet, Jane Austen's beloved heroine, as you spend an evening in Dunham Massey's beautiful garden. Adult **£16**, child **£11**, family **£46** **BE**

Saturday 17 August

Hare Hill

Outdoor theatre: Mister Magnolia
6pm

Filled with music, puppetry and wonderful characters, this is one not to be missed. Book via Folksy Theatre, tel: 01698 854409 or folksytheatre.co.uk Adult **£12**, child **£10**, family **£38** **BE**

Sunday 18 August

Speke Hall

Outdoor theatre: Adventures in Wonderland
5pm

Experience a magical family adventure with a spellbinding mix of storytelling, fantastical puppets, magic and illusion from Magic Light Productions. Adult **£10**, child **£7** **BE**

Monday 19 August

Quarry Bank (until 22 August)

Go Batty!

7.30pm

Head along the River Bollin to find out about the night-time residents of Quarry Bank Estate. Adult **£6**, child **£3**, incl. a tasty bat-shaped biscuit.

Lyme (until 23 August)

Mini rangers

10am–3pm

Bring your little ones to explore the sights, sounds and smells of Lyme's woodland. Experiment in our mud kitchen and follow the trail to discover new experiences. Under 5s.* **£1**

Wednesday 21 August

Lyme (also 23 August)

Teen rangers

10am–1pm

Learn the skills you need to care for a place like Lyme. Explore Lyme's landscape and wildlife and try your hand at being a ranger for the day. Age 13–18.* **£5** **BE**

Thursday 29 August

Dunham Massey (until 31 August)

Summer Nights Film Festival

8.15pm

Enjoy cinema under the stars in Dunham Massey's garden. Choose from *Grease*, *Mamma Mia 2* or *Bohemian Rhapsody*. From **£10.50** **BE**

Friday 30 August

Hare Hill

Outdoor theatre: A Comedy of Errors
7pm

This wonderful Shakespeare comedy is filled with live music, audience interaction and downright silliness. Book via Folksy Theatre, tel: 01698 854409 or folksytheatre.co.uk Adult **£12**, child **£10**, family **£38** **BE**

September

Wednesday 4 September

Lyme

Evening bat walk

6–9pm

Explore Lyme at twilight. Learn about the eight species of bat that call Lyme home and how we help them flourish here.* **£12.50** **BE**

Saturday 7 September

Mow Cop

People, Protest and Politics – Methodists, Mow Cop and social change

11am–3pm

Discover how Hugh Bourne inspired thousands of people to gather on Mow Cop and helped to change society. **Free**.

Sunday 8 September

Lyme

Lyme Bark

11am–3pm

Bring along your dog for fun agility activities, training tips and more.*

Saturday 14 September

Quarry Bank (until 15 September)

Heritage Open Day: Right to Access

11am–4pm

Which areas of the site were the workers forbidden to enter? Experience the walks undertaken by the workers every day and the spaces they would have been denied access to in a weekend of special events and activities. **Free**

Saturday 21 September

Little Moreton Hall (until 22 September)

Mop Fair

11am–4pm

Autumn was the time for hiring new staff in Tudor times. Join us for our weekend fair with living history group Amicorum.*



©National Trust Images/Paul Harris

Notes

Events are correct at the time of going to print.

Key:

* – normal admission charges apply
£ – small charge for some activities

50 – 50 things to do before you're 11¾ activities

BE – booking essential through the property

BE – booking essential through our website or by calling 0344 249 1895 (booking fee applies)

□ – Part of Trust New Art, the National Trust's programme of contemporary arts.

Getting in touch

To find out more, please visit nationaltrust.org.uk/north-west or call our places on the numbers below.

Acorn Bank 017683 61893

Aira Force 017684 82067

Alderley Edge 01625 584412

Allan Bank 015394 35143

Arnsdale, Silverdale & Heysham

01524 701178

Beatrix Potter Gallery

015394 36355

Borrowdale, Buttermere, Derwent Water, Ennerdale & Whitehaven Coast

017687 74649

Claife Viewing Station 015394 41456

Dunham Massey 0161 941 1025

Fell Foot 015395 31273

Footprint 015394 88409

Formby 01704 878591

Gawthorpe Hall 01282 771004

The Hardmans' House 0151 709 6261

Hare Hill 01625 827534

Hill Top 015394 36269

Lakes Campsites 015394 32733

Little Moreton Hall 01260 272018

Lyme 01663 762023

National Trust Holiday Cottages

0344 800 2070

Quarry Bank 01625 527468

Rufford Old Hall 01704 821254

Sandscale Haws 01229 462855

Sizergh 015395 60951

Speke Hall 0151 427 7231

Steam Yacht Gondola 015394 32733

Sticklebarn 015394 37356

Tarn Hows 015394 41456

Tatton Park 01625 374400

Townend 015394 32628

Wasdale, Eskdale & Duddon Valley

019467 26064

Wordsworth House & Garden

01900 824805

Wray Castle 015394 33250

5 minutes with Kate Martin, Coastal Officer for the North

From internationally important sand dunes to dramatic landscapes on the highest cliffs between Wales and Scotland, Kate supports the coastal teams to look after our coastline.



Kate Martin

What's the challenge of looking after our coast?

We work year-round to care for the coast. With wind and water constantly reshaping the coastline we can't do this alone, so we work with local communities and partners to help us look after these special landscapes.

It's our job to look after nature. And with climate change and sea level rise affecting coastal processes, we are looking at how we help nature adapt and how we understand and work with this.

We're working with communities, partners, visitors, and our members to look after our coastline and to share these stories, helping provide access so people can enjoy these places for many years to come.

What are your favourite things to do at this time of year?

The cliff top walk from **Whitehaven** to **St Bees** is bursting with colourful wildflowers and a cacophony of nesting guillemots, razorbills, kittiwakes and gulls. I love the views out to the Isle of Man from North West England's tallest seacliffs, taking in the salty air and scents of the flowers.

A stroll at **Sandscale Haws** or **Formby** on a summer's evening is another favourite, hearing the choruses of the natterjack toad in the rolling dunes and spotting oystercatchers out on the mud flats. Or simply taking in the views over the Lake District from **Arnsdale** and **Silverdale** while listening to the summer songbirds and spotting the butterflies that flock there.

Find out more about the places we care for on the North West coast at nationaltrust.org.uk/coast-and-beaches

First There Is A Mountain

Help sculpt Formby beach on 6 October into thousands of mountains of sand using hollow scale models of five of the world's most famous mountains. Katie Paterson's artwork invites you to consider how coastlines have changed across millennia.

Explore secret sides of history through art



© Hilary Jack

See What's On and the website for more details.

Each exhibition is part of Trust New Art, the National Trust's programme of contemporary arts.

'Gathering' at Little Moreton Hall

This summer you can take a new view of the stories behind the places near you.

The discovery of some Tudor tennis balls at **Little Moreton Hall** have inspired a new artwork, 'Gathering', by artist Hilary Jack. Over a thousand used tennis balls were collected to reveal the hidden history of the Long Gallery and this beautiful old building. 'Gathering' opens on 29 June, perfectly timed to coincide with Wimbledon!

At **Speke Hall and Gardens** folklore and hidden rebellions are the inspiration behind two unique experiences, created by artist Serena Korda, and run in partnership with Bluecoat, Liverpool's centre for creative arts. Through a sound piece in the heart of the Tudor hall, 'Under the Rose' invites you to pause and ponder the espionage and secrecy concealed in the black and white walls. From priest holes for hiding Catholic clergy to eaves for servants and mistresses, there are many secrets hidden within the architecture of the 16th-century building. And if you take a wander in the ancient woodland you can still discover another secret side to **Speke Hall**.

'The Bell Tree' is made up of three hundred ceramic mushrooms, inspired by the fairy folklore of the native bluebells that grow here.

You'll have to be quick if you want to discover these hidden sides to **Speke Hall** as both installations end on 19 July, taking their secrets with them.

This year we're commemorating 200 years since the Peterloo Massacre, an event which was a turning point in the country's democracy. Under the artistic direction of Turner Prize-winning artist Jeremy Deller, we're working with artist family Grace Surman and Gary Winters and their two young children, Hope and Merrick, to create new work at **Quarry Bank** and **Dunham Massey** – both of which had connections to Peterloo. You'll be able to see their creation from 13 July and can also find out more from the family at a special event on 6 July at Manchester's Central Library. Read more about the artists in this edition of the National Trust magazine.



Supported using public funding by
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Art Fund



What's your sports personality?

Summer is the perfect time to get active outdoors, especially if you find a beautiful setting to up your motivation levels. Whether you're a sprinter or a rambler, find something to suit your sporting style.

I'd like to try something new...

For a quirky afternoon of sport, join in the fun at **Fell Foot** this summer when the All England Stone Skimming Championships returns to Windermere on 17 August. Put your throwing arm to the test and see if you can set a new record. Or have a go at a brand new watersport at the **Derwent Water Regatta** on 6 and 7 July – hundreds of people will be taking to the water and sessions include canoeing, sailing and even trying a Viking longboat.



Fell Foot, Windermere

©National Trust Images/Michael Hirst

I want to beat my personal best...

Set yourself a new challenge and join one of the regular Trust10 runs at **Speke Hall** and **Lyme**.

I want a workout...

Looking to build up your fitness and enjoy the view on the way? **Wray Runners** meet regularly at **Wray Castle**, with running and walking groups for all abilities. Or ditch the spinning machine, dust off your bike and cycle the west shore of Windermere from **Claife Viewing Station**. **Alderley Edge** is a great place to add a bit of competition to a regular walk, pick up one of the orienteering maps and see how quickly you can complete the courses.



Lyme

©National Trust Images/Amel de Sera



Hare Hill

©National Trust Images/Paul Harris

I'll take it easy...

Head to the secluded walled garden at **Hare Hill** for a peaceful Tai Chi session, an ancient exercise proven to reduce stress, or take a Victorian style cruise on the **Steam Yacht Gondola** across Coniston Water. Or for a sports inspired day out that won't break a sweat, experience a new film installation at **Little Moreton Hall** from artist Hilary Jack, inspired by Tudor tennis balls.

Once you've worked up an appetite...

Stop off at one of our cafés or kiosks and find a healthy snack, or a sinful treat. You've earned it.

Fell Foot, Windermere



Rain won't stop play

The long summer days are here. It's time to pack a picnic, grab some factor 50 and get outdoors. Surely it won't rain, will it?

©National Trust Images/John Villar

Our summer weather can be unpredictable, but family days out needn't wait for the perfect forecast.

Take to the water

If you're having a go at water sports, who cares if it's a bit drizzly? **Fell Foot's** Active Base on the shore of Windermere is the perfect spot for trying activities like canoeing, kayaking or stand-up paddleboarding. You can also set off on a beginner's sailing session from **Wray Castle's** Victorian boathouse.

Splash in a puddle

There are few things as tempting as jumping in puddles while you're wearing your wellies. See who can make the biggest splash on one of our outdoor trails. Follow the adventures of Ratty, Mole, Toad and Badger on the *Wind in the Willows* trail at **Hare Hill** or join in with Percy the Park Keeper's trail to look for nature's treasure at **Dunham Massey**.

Explore indoors

If the weather's too rotten to get outside, there's plenty to see and do inside too. Explore the mill at **Quarry Bank** and discover the dangerous jobs that children did to keep the mill running or search the house at **Sizergh** to find out which medicines of the past were really rather bad for you. At **Wordsworth House and Garden** and **Lyme** there are traditional toys and dressing up clothes. Or if you're feeling creative, get stuck into the arts and crafts room at **Allan Bank** or look out for crafty sessions and rainy day films at **Sticklebarn**.

Check out What's On and the website for details of these and lots more ideas for sunny and rainy days this summer.

News round-up

Giving heritage a helping hand

We're exploring new ways to help special places in Lancashire that are currently at risk.

Thanks to the National Lottery Heritage Fund, we're helping Lancashire County Council and a local trust to find a future for **Queen Street Mill** in Burnley and **Helmshore Mills** in Rossendale, places which played critical roles in Britain's industrial history.

We're also working with the local community and many partners to help restore **Burnley Empire Theatre**. This Grade II-listed Victorian theatre has a special theatrical and architectural heritage, previously attracting some of the best known acts from across the world.

Search for Lancashire mills at nationaltrust.org.uk to find out more.

RHS Flower Show, Tatton Park

From 17–21 July explore the show gardens of today's cutting edge designers and young garden designers of the future. And new for this year, discover how to attract pollinators into your garden at the bug hub or take a minute to soak up the sight of a field of more than 5,000 dahlias.

National Trust members receive a discount when using the code NT19 at the checkout.

Book tickets at rhs.org.uk/tatton-park

For alternative formats, please call us on 015394 35599 or email NW.CustomerEnquiries@nationaltrust.org.uk



For all the latest news, events and ideas from across the North West, sign up for updates delivered direct to your inbox at nationaltrust.org.uk/mynationaltrust

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Registered charity no. 205846

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